



SPACE UP YOUR LIFE?

WHAT HAPPEND IN RIGA 2013 - 2015

Mg. Psych. **Inga Dreimane**

Children and youth centre of Rigas municipality

Head of Youth house «Pardaugava»

WHAT HAPPEND IN RIGA 2013 – 2015???

- Tragedy?
- Scandal?
- Haoss?
- Normal life?
- Shamelessness?



COMMUNITIES RESPONSE

- Tragedy – despair
- Scandal - confusion
- Haoss - helplessness
- Normal life - ignorance
- Shamelessness - anger

«POSITIVE YOUTH LEADING AND SUPPORT»

- Psychosocial Therapeutical programm for youth from high risk group:
 - they do not have family support,
 - They live in social care and rehabilitation institution,
 - They have behavior disorders before,
 - They have alcohol, tabacco and/ or drug ussing experience,
 - They have abbuse experience,
 - Their social skills are very veru low

THERAPEUTICAL PRINCIPLES IN WORK WITH «RISK GROUP» YOUNG PEOPLE

Programme is based on Marte Meo principles :

1 step: to watch

2 step: to reflect

3 step: to support

4 step: encourage

And NON violent resistance parenting principles:

1 rule: to stay in relation no matter what,

2 rule: give support to self and children as much it is possible,

3 rule: keep self respect and respect to children,

4 rule: work as fast as children can

THANKY SO MUCH!!!

Inga Dreimane

Dreimane.inga@gmail.com

Facebook.com/Inga Dreimane

Twitter.com/Inga Dreimane

+371 26180109